## Teen Mental Health: Go-To Educator Professional Learning



"Go-To" Educator refers to any school staff (teachers, educational assistants, guidance counsellors, administration, etc.) that students naturally feel comfortable asking for help and talking about their problems. The goal of this one day Go-To Educator Training Program is to develop mental health literacy amongst staff. It provides information regarding early identification of mental health problems and mental disorders. This knowledge allows teachers to make effective referrals that link students in need of help to their local care organization within and beyond the school system.

http://teenmentalhealth.org/schoolmhl/professional-learning/go-educator-professional-learning/

Date: Friday May 10, 2019

Time: 9am-3pm

**Location**: Bert Bowes Library

Target Audience: Middle and high school teachers, educational

assistants, counsellors, administrators

**Facilitator**: Erin Carlstrom

Register: Max of 30. Email ecarlstrom@prn.bc.ca to sign up