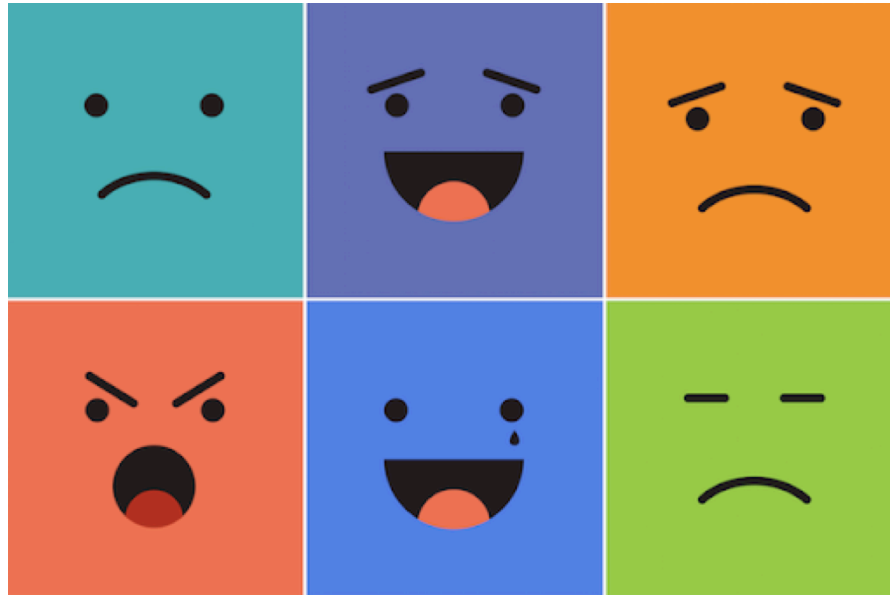


Supporting Students with Emotional Regulation



“Emotional regulation is actually the thing that is most critically important to teach children.”

– Dr. Jody Carrington

This session will explore what emotional regulation is, the importance of it, how to support students who struggle to regulate their emotions, and the important role you have in helping to teach students these valuable skills.

Date: Friday November 27, 2020

Time: 9-11 am

Location: SD60 Board Office, DDC room (max 16)

Target Audience: Support Staff (EA’s, youth care workers, ect.)

Register: Email eschaubel@prn.bc.ca to sign up

*If you have one, please bring a device (laptop, cellphone) that you can use to connect to the Internet.