

Child-centered Relational Play Skills Workshop

Play is the universal language of children, helping them learn to interact with the world around them through observation and performance. During this workshop, through talk and play of our own, we will learn 4 new skills; structuring, limit setting, empathetic response, and imaginary play, and come to understand a bit more about how these skills and this type of play work within the brain.

This specific type of child-centred play was created to help reduce social, emotional, and behavioural problems in children and has been proven effective in the area of anxiety, depression, trauma, aggression, attachment issues and independence skills, oppositional behaviors, inattention and hyperactivity, chronic illness and disability.

This half day workshop is designed for EA's, youth workers, and other support staff working with children who engage in imaginary play (typically 4-12). If you find that you are spending lots of time on behaviour management this workshop is for you!

The workshop will take place Friday November 29 from 12pm-3pm.
Location TBD by number of registrations

**Email Ayza with questions or to register
afontaine@prn.bc.ca**

